



wolf consulting

“Send me in Coach!” or “Support is *not* a four-letter word!”

I don't for a minute believe the myth that people leave their emotions at home when they go to the office. Working in organizations, we trip over those emotions on a daily basis, usually in the middle of the mahogany conference table. Unfortunately, these very emotions can be the elephant in the room that is driving the problem we are trying to resolve. What to do?

As a consultant, I have a limited area of influence when it comes to dealing with the emotional side of the professionals with whom I work. Diplomacy is key when it gets personal, so fortunately, I have a great suggestion for my clients when they are experiencing emotional difficulties at work. Hire a Coach.

In recent years, I have observed the rise of the Coaching profession and I've come to believe that Coaching provides a significant advantage when dealing with less than appropriate behaviors arising from emotional buttons being pushed at work. And this is just one of the many benefits of Coaching.

SUCCESS DEPENDS UPON SUPPORT

It is a known fact that no one truly succeeds without plenty of support. I've experienced amazing results from my personal/business Coaching and It has become a valuable asset in my support toolbox. I realize that “support” sounds like a four-letter word to some of us, yet, it's true. Today's most successful business people consistently rely on a team

**DON'T MISS THE UPCOMING
IPMA FORUM,
MAY 20-21, 2008.**



**WOLF CONSULTING
BOOTH IS # 224!**

**WOLF CONSULTING
DIANE VASARKOVY
OWNER/CONSULTANT
360.264.5082**

**CELL: 360.789.3626
VASARKOVY@AOL.COM
WWW.WOLF-MARK.COM**

of support to help them achieve their extraordinary results. I know I do. True success is impossible in today's world without it. Coaching is an available resource that any professional can tap into and create avenues to become even more successful.

YOUR SUCCESS IS THE FOCUS

You and your success are at the center of your Coaching experience. Your Coach listens deeply to what you say, as well as what you may not be saying. A Coach can help you grow the key skill of introspection so you can learn to self observe with your conscious, more logical brain, and come to practical ideas about how your unworkable behaviors could become more productive. Through Coaching, you'll learn how to create true integrated change in your life to get closer to the results you want.

And please don't confuse Coaching with Therapy. Whereas therapy tends to focus on the past and what is at the "root" of the problems one is experiencing, the focus of Coaching is on your vision of your future, and creating effective strategies to move ahead.

REGULAR, ONGOING CONVERSATIONS

Coaching looks like a recurring, usually weekly, 1/2 to 1-hour conversation with your coach following an initial session of information gathering. This is a design process unique to every

individual and differs greatly by the style of the particular Coach. After working together, the topics of your conversations will shift, but they will exist within a framework to move you in an organized way toward your desired results. Over time, Coaching can help you align your spoken words to your real intentions through practice and reinforcement.

Coaching is affordable, takes only a small amount of time or energy, yet delivers amazing results.

For more information, here are two Coaches I know and recommend highly: Cathy Rivers, www.burgrivers.com & Terry Taylor, www.versoriaonline.com. Check them out! 🐺

What people are saying about Wolf Consulting:

"Knowledgeable, savvy, intuitive, responsive....right on target." – a State Executive

"How do you do that? You facilitated our work session for three hours and everyone stayed totally engaged and on the edge of their seats!" – a State Executive

Thank you Diane, that was a valuable and well sized read.....a senior state technologist, about our newsletter "Wolf Calling."

Want a consultant "on retainer" but don't want the hassle of a formal procurement? Consider sole source for under \$5,000. You'll be surprised how much advice and guidance you can receive, and you can have it when you need it, on a moments notice. Call Wolf Consulting today: 360-264-5082.

For state, local and other public jurisdictions, obtain Wolf Consulting services via specialized, pre-qualified vendor lists. Go to <http://www.ga.wa.gov/PCA/Ps2/> or contact Steve Lovaas at 360-902-7368 for IT and Business Consulting services, or, Marilyn McNeil at 360-664-1947 for Facilitation, Organization Development or Instructor services.